

***Joanne M. Gillespie, Ph.D.***

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**EDUCATION**

- 1999 - 2005      *The University of Western Ontario*      London, Ontario  
Ph.D. (Clinical Psychology)  
APA and CPA Accredited Clinical Psychology Graduate Program  
Dissertation: The role of temperament in the prediction, experience, and recall of immunization pain in children
- 2003 - 2004      *Isaac Walton Killam Health Centre*      Halifax, Nova Scotia  
Pre-doctoral Internship in Clinical Psychology (APA and CPA Accredited)
- 1997 - 1999      *The University of Western Ontario*      London, Ontario  
M.A. (Experimental Psychology)  
Thesis: An examination of generalized hypervigilance, functional impairment, and coping in chronic fatigue syndrome
- 1993 - 1997      *Mount Allison University*      Sackville, New Brunswick  
B.Sc. (Honours BioPsychology)  
Thesis: The effects of chronic and acute psychological stress on electrophysiological and endocrinological responsiveness

**PROFESSIONAL EXPERIENCE**

- 2013      *Associate Psychologist, Dr. Kathy Hubble Carruthers Counselling & Psychological Services, Halifax, NS*

Therapy services provided include general anxiety, medical and dental anxiety, coping with chronic illness, pain, sleep, medication taking (including treatment adherence and pill swallowing), stress management, toilet training, enuresis, and encopresis.

- 2005- Present      *Adjunct (Clinical Associate), Department of Psychology, Dalhousie University*

Involved in the teaching and supervision of graduate students in the clinical psychology program.

- 2004 – Present      *Psychologist, Pediatric Health Psychology Service, IWK Health Centre, Halifax, NS*

Responsible for providing assessment, treatment, and consultation to children and youth with acute and chronic medical difficulties. Referrals come from across the health centre and from physicians throughout the Maritime provinces. Typical referral sources include gastroenterology, urology, endocrinology, ophthalmology, immunology, rheumatology, and orthopedics, among others. Treatment is provided to both outpatient and inpatient populations.

## CLINICAL TRAINING EXPERIENCES

Sept. 2003 - *Izaak Walton Killam Health Centre, Halifax, Nova Scotia*  
 Sept. 2004 Pre-doctoral Internship in Clinical Psychology (APA and CPA Accredited)

### Rotations:

*Infant/Preschool Clinical Sciences Division (Major Rotation)* September 2003 - March 2004  
Supervisors: Erika Brady, Ph.D. and Christine Ellsworth, Ph.D.

Description: During this rotation, I was involved in the assessment of young children (2-5 years of age) presenting with developmental difficulties and/or medical conditions (e.g., Autistic Spectrum Disorder, Spina Bifida, Phenylketonuria, Cerebral Palsy, Global Developmental Delay). I also participated in two interdisciplinary teams (Preschool Special Needs Service and Services for Children with Autism and Related Disorders Team) during this rotation.

*Pediatric Health Psychology (Major Rotation)* March 2004 - September 2004  
Supervisors: Marc Blumberg, Ph.D. and Elizabeth McLaughlin, Ph.D.

Description: This rotation involved assessment, behaviourally-based treatment, and consultation regarding children presenting with behavioural and/or psychological difficulties associated with medical conditions (e.g., Cancer, Diabetes Mellitus) or treatment (e.g., occlusion therapy, injections).

*Maritime Psychiatry (Minor Rotation)* September 2003 - December 2003  
Supervisor: Cheryl Gilbert MacLeod, Ph.D.

Description: During this rotation, I conducted cognitive assessments with school age children. I was also involved in the School Age Autism Team and conducted diagnostic assessments using the Autism Diagnostic Observation Schedule (ADOS).

*Complex Learning Disorders (Minor Rotation)* January 2004 - March 2004  
Supervisor: Anne Cornwall, Ph.D.

Description: I conducted psychoeducational assessments with children presenting with learning and cognitive disabilities.

*Community Mental Health (Minor Rotation)* March 2004 - September 2004  
Supervisor: Dorothy Chitty, Ph.D.

Description: This rotation involved the assessment and treatment of children and adolescents presenting to an outpatient clinic with a variety of mental health concerns.

### Practicum Placements:

June 2002- *Child and Parent Resource Institute, London, Ontario*  
 Feb. 2003 Supervisors: Shannon Stewart, Ph.D. and Jeff St. Pierre, Ph.D.

Description: At this advanced child assessment practicum, I conducted psychological assessments of preschool and school age children presenting with behavioural difficulties.

May 2002- *Child and Adolescent Center, London Health Sciences Center, London, Ontario*  
 May 2003 Supervisor: Vicky Wolfe, Ph.D.

Description: This advanced child intervention practicum focused on children and adolescents who have experienced a traumatic event. I provided individual psychotherapy and co-facilitated a group composed of 7- to 9-year-old children that focused on relaxation, problem solving, and interpersonal skill development. I also conducted two psychological assessments.

Sept. 2001- *Children's Hospital of Western Ontario, London, Ontario*  
 June, 2002 Supervisor: Erica Gold, Ph.D.

Description: While completing this pediatric psychology practicum, I worked with a number of clients between the ages of 4 and 17 years who presented with a variety of health-related problems (e.g., Lupus, neurofibromatosis, recurrent headache). I also conducted an assessment with an 18-year-old client who was experiencing chronic pain and cognitive difficulties.

May 2001 - *Regional Mental Health Care- London, London, Ontario*  
 Sept. 2001 Supervisor: Debbie Vanderheyden, Ph.D.

Description: My role at this advanced adult intervention practicum involved leading groups composed of both inpatient and outpatient clients. Presenting difficulties included anxiety and depression. The groups were cognitive-behavioural in orientation and based upon the *Mind Over Mood* and *Dialectical Behavior Therapy* programs.

Sept. 2000 - *Student Development Center, University of Western Ontario, London, Ontario*  
 May, 2001 Supervisor: Gail Hutchinson, Ph.D. and Jack Russell, Ph.D.

Description: At this university counseling center, I provided weekly, long-term therapy to three undergraduate students. I also co-facilitated a self-esteem group for young adults.

Jan. 2000 - *London District Catholic School Board, London, Ontario*  
 June, 2000 Supervisor: Louise LaRose, Ph.D.

Description: During this initial child assessment practicum I conducted two psycho-educational assessments and provided feedback to the parents and schools involved.

Jan. 2000 - *Victoria Family Medical Center*  
 June, 2000 Supervisor: Helen Valerio, Ph.D.

Description: At this initial adult assessment practicum I conducted two psychological assessments. The presenting problems I assessed included panic attacks and obsessive-compulsive behaviours.

## **PUBLICATIONS**

- McLaughlin, E. M. & Gillespie, J. M. (In Press). *Procedural Pain*, to appear in M. C. Roberts, B. S. Aylward, & Y. P. Wu (Eds.), "*Clinical Practice of Pediatric Psychology: Cases and Service Delivery*. To be published by The Guilford Press.
- Rollman, G. B., Abdel-Shaheed, J., Gillespie, J.M., & Jones, K. S. (2004). Does past pain influence current pain: Biological and psychosocial models of sex differences. *European Journal of Pain*, 8, 427-433.
- Rollman, G. B. & Gillespie, J. M. (2004). Altered pain perception in temporomandibular pain. In Lautenbacher, S. & Fillingim, R. B. (Eds.) *Pathophysiology of pain perception*. Dordrecht, Netherlands: Kluwer Academic/Plenum Press.
- Gillespie, J. M. (2001). Hypervigilance as a potential explanation of altered pain perception in some chronic pain populations. *Canadian Pain Society Newsletter*.
- McGrath, P. A. & Gillespie, J. (2001). The assessment of pain in children and adolescents. In Turk, D. & Melzack, R. (Eds.), *The handbook of pain assessment*, pp. 97-118. New York: Guilford Press.
- Rollman, G. B. & Gillespie, J. M. (2000). Psychological factors in temporomandibular joint disorder. *Current Review of Pain*, 4(1):71-81.

## **CONFERENCE PRESENTATIONS**

- Bailey, K. Haworth R., Hackmann, T., Gillespie J., Hong P., & Chorney J. (2013). Relation of Pre – Operative Anxiety on Subsequent Recall of Perioperative Experience in Children Undergoing Ambulatory Surgery. Poster presented at The National Conference in Pediatric Psychology, New Orleans, LA.
- Haworth R., Chorney J., Gillespie J., Hong P., & Hackmann, T. (2012). Effect of Preoperative Anxiety on Subsequent Recall of Anaesthesia Induction in Children Undergoing Ambulatory Surgery. Poster presented at the Interdisciplinary Research Conference, IWK Health Centre, Halifax, N.S.
- Gillespie, J. M. (2012). Alarming Success: Using Behavioural Strategies in the Treatment of Nocturnal Enuresis. Invited symposium at the annual meeting of the Atlantic Pediatrics Society. Charlottetown, PEI.
- Rashid, M. & Gillespie, J. M. (2012). Chronic Abdominal Pain: Understanding Gut Feelings. Symposium presented at the Annual Meeting of the Canadian Pediatrics Society, London, ON
- Moon, E. & Gillespie, J. M. (2008). Multidisciplinary treatments for enuresis and encopresis: Effectively combining medical and psychological interventions. Symposium presented at the Annual Meeting of the Canadian Psychological Association, Halifax, N.S.
- Gillespie, J. M. (2006). The role of anxiety in the prediction, experience, and recall of

immunization pain. Invited presentation at the annual meeting of the Canadian Pain Society, Edmonton, AB.

### **MEDIA AND TEACHING EXPERIENCE**

2009- Present	Editor, <i>IWK PsychologyRounds</i> newsletter
Fall 2013	Instructor, Graduate Level Clinical Psychology Course (Psychology 6301: Advanced Clinical Intervention: Child), Department of Psychology, Dalhousie University
October 2013	Invited presentation, Arthritis Society Juvenile Arthritis Family Symposium, "Parental Mental Health"
October 2013	Motivational Interviewing training sessions (delivered to IWK pediatric residents)
October 2013	Guest lecturer, Master of Vision Science Program, Dalhousie University
June 2013	Motivational Interviewing training sessions (delivered to IWK pediatricians)
April 2013	Presentation (with K. Fossum), <i>IWK Psychology For You</i> Public Lecture Series, "Bedwetting 101: Helping Your School-Aged Child or Adolescent Learn to Stay Dry through the Night."
October 2012	Presentation, Juvenile Diabetes Research Foundation (JDRF) Family Camp, "Issues related to parenting siblings of children with chronic illness"
Fall 2012	Instructor, Graduate Level Clinical Psychology Course (Psychology 6301: Advanced Clinical Intervention: Child), Department of Psychology, Dalhousie University
October 2012	Guest lecturer, Master of Vision Science Program, Dalhousie University
August 2012	Invited reviewer, Practice Based Small Group Learning Program, CME module: "Chronic Abdominal Pain in Children"
March 2012	Presentation (with K. Filbert & E. McLaughlin), <i>IWK Psychology For You</i> Public Lecture Series, Psychology for You: The Unique Needs of Siblings of Children and Youth with Illnesses and Disabilities
Fall 2011	Instructor, Graduate Level Clinical Psychology Course (Psychology 6301: Advanced Clinical Intervention: Child), Department of Psychology, Dalhousie University
November 2011	Invited presentation, Crohn and Colitis Foundation of Canada Education Symposium, "Stress 101: Identifying and managing stress before it manages you"

October 2011	Guest lecturer, Master of Vision Science Program, Dalhousie University
November 2010	Guest lecturer, Undergraduate Health Psychology Course, Dalhousie University
October 2010	Guest lecturer, Master of Vision Science Program, Dalhousie University
April 2009	Presentation, IWK IBD Night, "Psychology: What is it and how can it contribute to the treatment of Inflammatory Bowel Disease?"
October 2009	Guest lecturer, Master of Vision Science Program, Dalhousie University
November 2008	Guest lecturer, Master of Vision Science Program, Dalhousie University
October 2008	Guest lecturer, Undergraduate Health Psychology Course, Dalhousie University
May 2007	Parent session, "Preparing for School When a Child has Diabetes" Diabetes Week-end Retreat, Canadian Diabetes Association
March 2007	Guest Lecturer, Undergraduate Childhood Psychopathology Course, Dalhousie University
September 2006	Guest Lecturer, Childhood Psychopathology and Intervention Course, Dalhousie University
August 2006	Interview with CBC Radio, "HIV and AIDS in Children"
March 2006	Guest Lecturer, Undergraduate Childhood Psychopathology Course, Dalhousie University
March 2006	Grand Rounds, IWK Health Centre, "The Role of Psychology in the Treatment of Constipation/Encopresis"
January 2006	Presentation at IWK Diabetes Family Education Night, "Living Well with Diabetes"

### **POST-SECONDARY HONOURS AND AWARDS**

2003 - 2004	Ontario Graduate Scholarship
2002 - 2004	Trainee, Canadian Institute of Health Research, Strategic Training Program, Pain in Child Health (PICH)
2000 - 2003	Social Sciences and Humanities Research Council (SSHRC) Doctoral Scholarship
2000 - 2003	University of Western Ontario Graduate Tuition Scholarship
2000	Natural Sciences and Engineering Research Council Doctoral Scholarship (Declined)

2000	Ontario Graduate Scholarship (Declined due to acceptance of SSHRC)
2000	Outstanding Research Poster Award, Annual Meeting of the American Pain Society
1999	Outstanding Research Poster Award, Annual Meeting of the American Pain Society
1999	Graduate Teaching Assistant Award Nominee
1998	Graduate Teaching Assistant Award Nominee
1997 - 1999	Special University Scholarship, University of Western Ontario
1997	E. George Nichols Prize in Psychology, Mount Allison University
1997	F. A. Surbey Prize in BioPsychology, Mount Allison University
1996	Bell Junior Research Fellowship, Mount Allison University
1995 - 1997	Dean's Honour Roll, Mount Allison University

## **CLINICAL SUPERVISION EXPERIENCE**

### *NSBEP Candidate Register*

- Katharine Filbert

### *Predoctoral Residents*

- |                      |                       |
|----------------------|-----------------------|
| • Laurie Clark       | • Angela Larery       |
| • Katharine Filbert  | • Marie-josée Lefavre |
| • Jillian Filliter   | • Janet Mah           |
| • Kristin Fossum     | • Helen Rozelman      |
| • Jacqueline Goodman | • Joanne Vallely      |

### *Practicum Students*

- |                     |                       |
|---------------------|-----------------------|
| • Susan Battista    | • Marie-josée Lefavre |
| • Katie Birnie      | • Jeff MacLeod        |
| • Katelynn Boerner  | • Marcel Peloquin     |
| • Therese Chevalier | • Jennifer Richards   |
| • Marie-Eve Couture | • Melissa Stewart     |
| • Kate Kalousek     | • Nicole Vincent      |

## **REFERENCES**

- Available upon request