

# Dr. Joanna Hessen-Kayfitz, Psychologist (Candidate Register)

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## SUMMARY OF QUALIFICATIONS

- Experience providing individual and group therapy with adolescents and adults
- Experience administering, scoring, and interpreting cognitive, academic and behavioural/personality tests and writing psychological reports with adults
- Experience working with adults with general psychological difficulties including, but not limited to, chronic depression, anxiety, specific phobias.
- Experience in forensic treatment and risk assessment (sexual, violent and general recidivism prediction) with federally incarcerated, inpatient psychiatric, and outpatient court-mandated populations.

## EDUCATION

**PhD**, University of Windsor, Windsor, Ontario, October 2008-October 2013 (CPA/APA accredited)

- Major: Clinical Psychology (Adult Clinical subspecialty)
- Dissertation title: Goldilocks and False Memories: Photograph content influences memory retrieval models. Supervisor: Dr. Alan Scoboria

**Master's Degree**, University of Windsor, Windsor, Ontario, September 2006- October 2008 (CPA/APA accredited)

- Major: Clinical Psychology (Adult Clinical subspecialty)
- Thesis title: Creating false memories: Effects of varying types of details contained in photographs. Supervisor: Dr. Alan Scoboria

**Bachelor of Arts, Honours**, University of Manitoba, Winnipeg, Manitoba, 2004-2006

- Major: Psychology
- Graduated with First Class Honours
- Dean of Arts Honours' list, 2005-2006
- Thesis title: The Effects of Leading Questions and Behavioral Momentum on Eyewitness Episodic Memory

**Bachelor of Science**, University of Manitoba, Winnipeg, Manitoba, 2003-2006

- Major: Microbiology
- Minor: Psychology

## PROFESSIONAL EMPLOYMENT EXPERIENCE

**Psychologist (Candidate Register)**, IWK Health Centre, Youth Forensic Services; Halifax, Nova Scotia; September 2013 – present.

- Conducted court-ordered forensic risk assessments (sexual, violent and general recidivism prediction) with out-patient adolescents, wrote reports regarding risk status, risk management, and provided opinion regarding appropriate sentencing to assist the Youth Court in disposition decisions.

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## CLINICAL TRAINING WORK EXPERIENCE

**Psychology Resident**, Nova Scotia Capital District Health Authority Psychology Internship Program; Halifax, Nova Scotia; September 2012 – August 2013.

- Provided individual and group risk management and relapse prevention intervention to outpatients under probation order for sexual offence convictions.
- Conducted forensic violence risk assessments with inpatient psychiatric patients, wrote reports regarding risk status and risk management, and presented assessment findings to the Nova Scotia Criminal Code Review Board to assist in disposition decisions.

**Psychometrist**, Private Office of Dr. Jeremy Frank, Toronto, Ontario, September, 2011- July, 2012 (2-4 assessments per month). Supervised by Dr. Jeremy Frank

- Conducted Psychological Insurer Examinations and Psychological Disability Assessments with adult individuals who have been involved in motor vehicle accidents (including Catastrophic, Post-104 disability, and assessments of treatment necessity and other specified benefits).
- Wrote comprehensive reports and provide recommendations accordingly.

**Psychometrist**, Private Office of Dr. Andrew Taylor, Windsor, Ontario, September, 2010- July, 2012 (1 assessment per month). Supervised by Dr. Andrew Taylor.

- Administer and score a cognitive and academic battery to school-aged children and adolescents.

**Therapist**, Office of Dr. Stewart Plotnick, Windsor, Ontario, September, 2010 - October, 2011 (14 clients; 239 direct client contact hours). Supervised by Dr. Stewart Plotnick.

- Conducted individual psychotherapy with adult clients referred for treatment secondary to a workplace injury or a motor vehicle accident.
- Prepared discharge reports as well as regular progress reports to be sent to clients' insurance companies or case workers for the purpose of petitioning for the approval of additional treatment sessions.
- Consulted with claims adjudicators, insurance representatives, vocational case managers, family physicians, and attorneys on clients' behalves.

**Advanced Practicum Student**, Psychological Services Centre – University of Windsor, Windsor, Ontario, September, 2010 – April, 2011 (7 clients; 80 direct client contact hours). Supervised by Dr. Ben Kuo, Dr. Ann Sprague, and Dr. Antonio Pascual-Leone.

- Conducted individual psychotherapy with adult clients who were students at the University of Windsor using an integrative blend of Psychodynamic, Emotion-focused, Experiential, and Cognitive Behavioral approaches.
- Conducted individual interpreter-assisted therapy with one adult client who was a Refugee .
- Presented theoretically integrative case formulations for three clients at regular monthly case conferences.
- Consulted with case workers and social workers as needed for individual client cases.

**Assessment Practicum Student**, Office of Dr. Stewart Plotnick, Windsor, Ontario, September, 2008 – September 2010 Present (3-4 assessments per month). Supervised by Dr. Stewart Plotnick.

- Conducted psychological and psychovocational assessments for adult clients referred by the Workplace Safety Insurance Board or by independent insurance companies.
- Wrote comprehensive reports and provided recommendations primarily with respect to the client's treatment needs (i.e. pain management counselling, psychotherapy), ability to proceed with various labour market retraining initiatives, and which vocational options they were most suited for.

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**Student Adolescent Therapist**, as part of the Adolescent Clinical Interventions course sequence, Psychological Services Centre, University of Windsor, Windsor, Ontario, September 2007-April, 2008 (1 client; 12 direct client contact hours). Supervised by Dr. Roseanne Menna.

- Provided Psychodynamic and Cognitive Behavioral Therapy to a 17-year old high school student who was experiencing difficulties with depression, anxiety, and anger.

**Student Psychodynamic Therapist**, as part of independent supervision under Dr. Josee Jarry, Psychological Services Centre, University of Windsor, September, 2009 - April, 2010. (1 client; 16 direct client contact hours).

- Provided Psychodynamic Therapy to a 22-year old university student who was experiencing relationship difficulties and problems with coping with daily stressors.

**Student Psychodynamic Therapist**, as part of the Psychodynamic Therapy course sequence, Psychological Services Centre, University of Windsor, September, 2008 - April, 2009. (1 client; 20 direct client contact hours). Supervised by Dr. Josee Jarry.

- Provided Psychodynamic Therapy to a 20-year old university student who was experiencing depression.

**Therapy Practicum Student**, Canadian Mental Health Association, Windsor, Ontario, May, 2008-April, 2009. (68 direct client contact hours). Supervised by Dr. Annette Dufresne.

- Provided individual therapy and group therapy to adults in a community health setting using Cognitive Behavioural and Mindfulness approaches.
- Conducted intake screening assessments for admission to an group therapy program for anxiety.

**Short-Term Crisis Therapy Practicum Student**, Student Counselling Centre, Windsor, Ontario, May 2008 - August, 2008. (6 clients, 27 direct client contact hours). Supervised by Dr. Mohsan Beg.

- Provide short-term individual therapy sessions to university students in a university clinic using Cognitive Behavioural Therapy.

**Student Cognitive Behavioural Therapist**, as part of a Cognitive Behavioural course sequence, Psychological Services Centre, University of Windsor, Windsor, Ontario, September 2007-April, 2008 (4 clients; 38 direct client contact hours). Supervised by Dr. Jerry Jellis.

- Provided Cognitive Behavioural Therapy to four university students with depression and anxiety.

**Assessment Student**, as part of the Advanced Adult Assessment course, University of Windsor, Windsor, Ontario, September, 2007 - December, 2007. (1 comprehensive assessment). Supervised by Dr. Stephen Hibbard and Dr. Alan Scoboria.

- Conducted a comprehensive psychological assessment on a 23-year-old female referred by the Learning Disabilities Association of Windsor.
- Completed a comprehensive report and provided recommendations and feedback to the client and to the referral source.

**Assessment Practicum Student**, Stony Mountain Institution (CSC, Prairie Region), Winnipeg, Manitoba, May, 2007 - July, 2007. Supervised by Dr. Mark Olver.

- Conducted psychological (recidivism risk) assessments on incarcerated adult male offenders for the purpose of intake and statutory release.
- Wrote three comprehensive and 6 partial reports and provided recommendations/feedback to inmates and to the inmates' Case Management Team.

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## ACADEMIC WORK EXPERIENCE

**Undergraduate Academic Advisor**, University of Windsor – Psychology Department, Windsor, Ontario, March, 2007-September, 2010

- Helped undergraduate students with course registration, selecting programs of study to match their academic and career goals, gaining access to available resources to enhance academic success.
- Prepared materials for recruitment fairs and open houses.
- Helped students navigate various administrative procedures (e.g. grade appeals, aegrotat standing).

**Graduate Assistant**, University of Windsor – Psychology Department, Windsor, Ontario, September, 2006 April, 2007

- Marked essay outlines, essays, assignments, and exams for second year students studying research methods and advanced statistics.
- Taught labs to 30 undergraduate students and marked research reports for research methods.

**Teaching Assistant**, University of Manitoba - Microbiology Department, Winnipeg, Manitoba, September, 2002-April, 2003

- Taught labs to second year students studying Biochemistry I and Biochemistry II
- Provided instruction on the background theory of each experiment and ensured that students were following proper protocol regarding experimental procedure and the handling of various chemical compounds.
- Marked laboratory assignments and conducted reviews of lab materials in preparation of examinations.
- Attended weekly meetings with laboratory supervisor.

## ACADEMIC SCHOLARSHIPS

**Ontario Graduate Scholarship**, Ministry of Training, Colleges, and Universities, 2009-2010

- Valued at \$15,000

**Ontario Graduate Scholarship**, Ministry of Training, Colleges, and Universities, 2008-2009

- Valued at \$15,000

**Canada Graduate Scholarship-Master's Award**, Social Sciences and Humanities Research Council of Canada,

2007-2008

- Valued at \$17,500

**Ontario Graduate Scholarship**, Ministry of Training, Colleges, and Universities, 2007-2008

- Valued at \$15,000 (declined)

## PEER-REVIEWED PUBLICATIONS

Scoboria, A., Hessen-Kayfitz, J. K., Shapero, D., Fisico, S. (2011). Evaluating the Nested Model: An assessment of potential measurement confounds and response latencies. (*in progress*).

Hessen-Kayfitz, J. K., Scoboria, A. (2012). False memory is in the details: Photographic details predict memory formation. *Applied Cognitive Psychology*, 26, 333-341.

Scoboria, A., Lynn, S. J., Hessen, J., & Fisico, S. (2007). So *that* is why I don't remember: Normalizing forgetting of childhood events influences false autobiographical beliefs but not memories. *Memory*, *15*(8), 801-813.

### NON-PEER-REVIEWED PUBLICATIONS

Hessen, J. (2010). On the inside: Reflections on a Clinical Practicum at Stony Mountain Institution. *Crime Scene*, *17*(1), 21.

### PEER-REVIEWED CONFERENCE PRESENTATIONS

Hessen, J., Scoboria, A., Shapero, D., Fisico, S. (2010, May). Nested model holds: Plausibility, belief, and memory ratings unaffected by order effects. Poster presented at the annual meeting of the Association for Psychological Science, Boston, MA.

Hessen, J., Scoboria, A., (2009, July). False memory is in the details: Photographic details predict memory formation. Paper presented at the bi-annual meeting of the Society for Applied Research in Memory and Cognition, Kyoto, Japan.

Hessen, J., Scoboria, A., (2008, June). The Devil is in the details: Photograph content influences false memory formation Poster presented at the annual meeting of the Canadian Psychological Association, Halifax, NS.

Frey, M., Scoboria, A., Hessen, J. (2008, May). Self-Esteem predicts accuracy of responding to interview questions. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Hessen, J., Scoboria, A., (2008, May). Creating False Memories: Effects of varying types of details contained in photographs. Poster presented at the annual meeting of the Association for Psychological Science, Chicago, IL.

Fisico, S.N., Scoboria, A., & Lynn, S.J. Hessen. (2007, Jul). So that's why I can't remember: The provision of a rational normalizing forgetting in autobiographical belief formation. Paper presented at the bi-annual meeting of the Society for Applied Research in Memory and Cognition, Lewiston, ME.

Fisico, S.N., Scoboria, A., Lynn, S.J., & Hessen, J. (2007, May). Normalizing the forgetting of events influences the creation of false autobiographical beliefs. Poster presented at the annual meeting of the Association for Psychological Science, Washington, DC.

### NON-PEER-REVIEWED CONFERENCE PRESENTATIONS

Towson, S., Lafreniere, K., Babb, K., Hessen, J., Craig, J. (2010, April). Psychology Rocks: A Team Approach to Academic Advising. Panel presentation at National Academic Advising Association (Region 5) Conference, Niagara Falls, Ontario.

### PROFESSIONAL ACTIVITIES

#### Professional Organizations

- CPA - Criminal Justice Section, Director-at-Large, Conference Program, 2011 – Present.
- CPA - Criminal Justice Section, Co-Student Representative, 2009 – 2011.

#### Departmental Roles/Committees

- Clinical Training Committee, Psychology Department, University of Windsor, September, 2009 - April, 2010.

- Treasurer, Psychology Graduate Council, University of Windsor, January, 2008 – September, 2008
- Academic Administrative Unit, Psychology Department, University of Windsor, September, 2007 – September, 2008.
- Psychology Department Head Search Committee, Psychology Department, University of Windsor, September, 2007 – April, 2008.
- Ethics Committee, Psychology Department, University of Windsor, September, 2006 – April, 2007.
- Adult Clinical Area Committee, Psychology Department, University of Windsor, September, 2006 – April, 2007.

#### **University Committees**

- University of Windsor, Search Committee, Associate Dean Graduate Studies and Research, Faculty of Arts and Social Sciences, January, 2007 – July, 2007.
- University of Windsor, Faculty Coordinating Council, Faculty of Arts and Social Sciences, September, 2006 – April, 2007.

#### **Community Committees**

- Essex County HSJCC Mental Health Court Subcommittee (672 Court) – 2009 – 2012.